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*Summer, 2018*

**Bridges Magis Program 2018-2019**

**MAGIS**

The schedule for the Bridges Magis program is in place for 2018-2019. As in the past, sessions are to be held at Webster Groves Christian Church on the third Saturday of each month, September through November and January through April (except that they are on the fourth Saturday in September and April), with nothing scheduled in December. The roster of speakers who will address a variety of topics related to Ignatian spirituality includes Jeff Putthoff, S.J., Joseph Hill, S.J., Steve Givens, Cindy Mackey, Anthony Wieck, S.J., Mike Dooley, S.J., Hsin-hsin Huang, Ph.D. and Madeleine Lane, SSND. Plans call for six small groups to be available; some are open to all registrants while others have pre-requisites. They are: *Ignatian Discernment, Teilhard and The Spiritual Exercises, Living the 5th Week: Putting on the Heart and Mind of Christ, Dynamics of the Spiritual Exercises, Prayer Companion Training, and Peer Supervision/Consultation.*

You will find a complete schedule showing the dates, times, topics, speakers, descriptions of small groups, requirements, fees and a link to a registration form on the Bridges website at <http://bridgesfoundation.org/programs/the-magis-program/>. The registration deadline is

September 1, 2018 and the program begins on September 22.

For further information contact Bridges Executive Director Linda Leib at 314-313-8283 or [linda.leib@bridgesfoundation.org](mailto:linda.leib@bridgesfoundation.org).

**Registration is Open for  
Ignatian Community Retreat  
July 13 and 14**

**ICR**

Registration remains open for the Ignatian Community Retreat, to be held this July 13 and 14 at the Sisters of St. Joseph Motherhouse, 6400 Minnesota Avenue. The facilitator, Carol Ackles, will address *The Role of the Laity in Today's Church*. Further details are available in the previous issue of this newsletter, or on the Bridges website at [bridgesfoundation.org/programs/ignatiancommunity-retreat](http://bridgesfoundation.org/programs/ignatiancommunity-retreat). To register by mail, print the online form that you will find at that site, complete it, and mail with a check payable to Bridges Foundation to: Ignatian Community Retreat July 2018, 331 N. New Ballas 410275, St. Louis, MO 63141-9998, or register online at [bridgesfoundation.org/icr-registrationform](http://bridgesfoundation.org/icr-registrationform). The deadline for registration is June 30, 2018.

## Bridges Retreat 2018-2019 Summer Information Sessions



Once again, the Bridges Foundation is offering a series of information sessions this summer for anyone who may be interested in enrolling in the Bridges Retreat that begins in the fall of 2018. Each information session is free to attend. There is no obligation and no pressure to enroll, and you will find everything you need simply by attending only one session. In the summer of 2019 seven sessions have been scheduled on different dates in various locations across the St. Louis area. An interested person need attend only one of the sessions, as the content is similar at each one, although those who wish to attend more than one session are welcome to do so. It is probably best to attend the session at the site where one would be likely to enroll. A person may choose to attend any one of them, or more sessions if you like.

The Bridges Retreat is also known as the Nineteenth Annotation Retreat of the Spiritual Exercises of St. Ignatius. Those who enroll will receive instruction in daily prayer and meditation on the Spiritual Exercises one-on-one from a qualified prayer companion each week, attend group meetings once a month or once a week (at the choice of the retreatant), and participate in two weekend retreats held in the St. Louis area, one each in the fall and the spring. The program begins in September 2018 and runs through the following May, and in 2018-2019 it will be offered at the retreatant's choice of five locations.

A schedule of the summer sessions (as shown in the box to the right), a free brochure and enrollment form, as well as further information are available from Linda Leib at 314-313-8283 or [linda.leib@bridgesfoundation.org](mailto:linda.leib@bridgesfoundation.org). Please inform others whom you think may be interested. All are welcome to attend; bring a friend if you like.

## Bridges Retreat Summer Information Sessions Schedule 2018

The Bridges Retreat is a program for those who desire to make the Spiritual Exercises of St. Ignatius of Loyola. All information sessions run for about 1 hour. The complete schedule of information sessions for the summer of 2018 is as follows:

Thursday, June 14, 10 a.m.  
St. Nicholas Catholic Church  
Good Shepherd Spirituality Center  
625 St. Nicholas Dr.  
O'Fallon, IL 62269

Wednesday, July 18, 10 a.m.  
Webster Groves Christian Church  
1320 West Lockwood  
St. Louis, MO 63122

Wednesday, July 25, 7 p.m.  
Rectory  
St. Matthew the Apostle Catholic Church  
2715 North Sarah  
St. Louis, MO 63113

Tuesday, July 31, 7 p.m.  
Annunziata School  
9333 Clayton Road  
St. Louis, MO 63124

Sunday, August 5, after the 8 a.m. Mass  
Ballroom  
St. Francis Xavier "College" Church  
3628 Lindell Blvd.  
St. Louis, MO 63108

Sunday, August 12, after the 10:30 a.m. Mass  
Ballroom  
St. Francis Xavier "College" Church  
3628 Lindell Blvd.  
St. Louis, MO 63108

Wednesday, August 22, 7 p.m.  
Webster Groves Christian Church  
1320 West Lockwood  
St. Louis, MO 63122

**Anthony deMello, S.J.  
(1931-1987)**

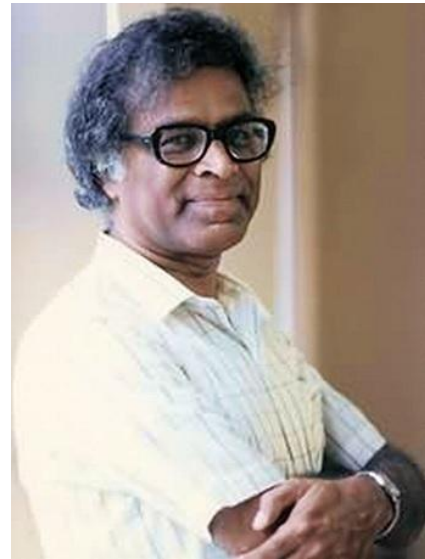
Anthony deMello was a psychotherapist and Indian Jesuit priest as well as a spiritual teacher, public speaker and noted author. He was widely known for his story-telling, for his spiritual books, and for hosting many spiritual retreats.

On September 4, 1931, Tony deMello was born in Santa Cruz, a suburb of Mumbai (Bombay) in India. He grew up in a Catholic family as the oldest of five children. He enrolled in St. Peter's School in Bandra. As a teenager he was educated by Jesuits and became attracted to the Society of Jesus, mainly as a result of his admiration for their strict discipline. He entered the Jesuits in 1947 in Bombay, and was ordained in 1961.

He traveled to many countries to study and later to teach, primarily Spain and the United States. Through his story-telling and various exercises, he introduced people in the United States to Eastern spirituality. DeMello spoke with a kind, gentle, engaging tone, often using humor and anecdotes to stimulate his listeners into thinking about his subject matter. He founded the Institute of Pastoral Counselling (later renamed the Sadhana Institute of Pastoral Counseling) in 1972, a prayer center in Poona, India.

His first book, *Sadhana, a Way To God: Christian Exercises in Eastern Form*, was published in 1978. It is concerned primarily with meditation and spirituality. The book outlined a number of spiritual exercises, many from the teachings of St. Ignatius of Loyola. He wrote quite a bit and his books were published throughout the 80's, and following his death. Among them are *The*

*Song of the Bird, Wellsprings, and One Minute Wisdom*. Some of these published works are collections of his writings.



Tony deMello, S.J.

Tony deMello enjoyed global recognition for his talks and his books. His lectures and conferences were well attended, many of them at St. Louis University during summers in the 1980's. He stressed self-awareness and an appreciation for the gift of life, which comes from God. DeMello suffered a heart attack while attending a spirituality conference at Fordham University and died suddenly in New York City on June 2, 1987. He is buried in the Jesuit section at St. Peter's Church Cemetery in Mumbai, India.

His life and career were not without controversy, especially in the years following his death. In the late 90's the Congregation for the Doctrine of the Faith, led by Joseph Cardinal Ratzinger (the future Pope Benedict XVI), studied his work and although they did not find him to be a heretic, they did find some

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## **Anthony deMello, S.J.**

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of his positions to be incompatible with the Catholic faith. His books are still very much in demand to this day. A biography written by his brother was published in 2013, *Anthony deMello: The Happy Wanderer*, by Bill deMello.

### **Books and Compilations by Anthony deMello, S. J.**

Sadhana, a Way to God: Christian Exercises in Eastern Form 1984  
The Song of the Bird 1984  
Wellsprings: A Book of Spiritual Exercises 1986  
One Minute Wisdom 1988  
A Way to God for Today 1989  
Awareness: The Perils and Opportunities of Reality 1990  
Taking Flight: A Book of Story Meditations 1990  
The Prayer of the Frog, Volume 1 1991  
The Way to Love: The Last Meditations of Anthony de Mello 1995  
Heart of the Enlightened: A Book of Story Meditations 1997  
Awakening: Conversations with the Master 1998  
Walking on Water: Reaching God in Our Time 1998  
Anthony De Mello: Writings (Modern Spiritual Masters Series) 1999  
One Minute Nonsense 2003  
Contact with God 2003  
Call to Love: Meditations 2003  
The Prayer of the Frog, Volume 2 2003  
Seek God Everywhere: Reflections on the Spiritual Exercises of St. Ignatius 2010  
The Spiritual Wisdom of Anthony de Mello 2012

*... the tragedy of an attachment is that if its object is not attained it causes unhappiness. But if it is attained, it does not cause happiness – it merely causes a flash of pleasure followed by weariness, and it is always accompanied, of course, by the anxiety that you may lose the object of your attachment.*

*– Tony deMello, S.J.*

This is the newsletter of the Bridges Foundation of St. Louis. The newsletter is published quarterly and distributed as a PDF file via email, free to anyone who would like to receive it. Thank you to the contributors to this issue: Linda Leib and Tom Simon.

Quarterly issues are sent late in the months of March, June, September, and December. The deadline for submission of material is on the 15th day of each of those months for inclusion in the issue to be mailed later that month. Look for your next issue around the time that the seasons change.

The deadline for submissions to the next issue of the Bridges Newsletter is September 15, 2018. Please send articles, letters, mailing list additions and deletions, and other correspondence to: Tom Simon, Editor, 1730 Derrynane, Manchester, MO 63021, or by email to [tsimon@tsimon.com](mailto:tsimon@tsimon.com).