# dates of interest

#### FISCAL YEAR

	FISCAL YEAR		
	2016 - 2017	2017 - 2018	2018 - 2019
INCOME			
BRIDGES RETREAT*	\$15,887	\$14,041	\$21,468
MAGIS*	\$16,336	\$13,376	\$18,918
SPECIAL EVENTS**	\$3,729	\$4,295	\$710
OTHER SOURCES	\$1,565	\$1,735	\$2,471
TOTAL INCOME	\$37,517	\$33,447	\$43,567
EXPENSES			
ADMINISTRATION***	\$1,128	\$1,209	\$1,417
BRIDGES RETREAT	\$18,273	\$20,272	\$21,121
MAGIS	\$11,775	\$12,050	\$15,748
SPECIAL EVENTS**	\$3,812	\$2,773	\$3,477
TOTAL EXPENSES	\$34,988	\$36,304	\$41,763
TOTAL OPERATING INCOME	\$2,529	\$(2,857)	\$1,804
Donations/Fundraising	\$8,609	\$11,855	\$13,098

<sup>\*</sup> Includes donated services

<sup>\*\*\*</sup>Administration expense no longer includes any expenses that are properly allocable to the Bridges Retreat or Magis programs. Such expenses are now included in the expense totals for those programs. All years have been restated to reflect this change.



## 2020 BRIDGES FOUNDATION RETREAT DATES OF EVENTS:

**2020-2021 Bridges Retreat in Daily Life Registration Deadline:** August 26, 2020—
On line information is available at *http://* 

bridgesfoundation.org/programs/bridgesfoundation-retreat/

### 2020-2021 Magis – Greater Understanding,

**Love and Service:** Planning is in progress and the first session is scheduled for the third Saturday, September 19, 2020. Registration begins June 1, 2020. http://bridgesfoundation.org/programs/the-magis-program/

#### **Bridges Market Place Spirituality Retreat** on

April 3-4, 2020 led by Fr. Mark McKenzie, S.J. Fr. Mark serves as Jesuit liaison to the Bridges Foundation and as a Prayer Companion. The retreat is open to all who have received the Spiritual Exercises of St. Ignatius of Loyola. Information at <a href="http://bridgesfoundation.org/programs/marketplace-spirituality-retreat/">http://bridgesfoundation.org/programs/marketplace-spirituality-retreat/</a>

Ignatian Community Retreat on July 17-18, 2020, led by Fr. Michael Sparough, S.J., of the Bellarmine Retreat Center near Chicago, Illinois. He is the weekly homeliest on Heart to Heart videos on YouTube. This retreat is open to all. See <a href="http://bridgesfoundation.org/programs/ignatian-community-retreat/">http://bridgesfoundation.org/programs/ignatian-community-retreat/</a>

## BRIDGES RETREAT IN DAILY LIFE INFORMATION SESSIONS

During each summer, the Bridges Foundation offers Information Sessions for those who desire to make the Spiritual Exercises of St. Ignatius Loyola. Please call 314-313-8283 for any questions regarding address, room and directions about the following Information Sessions:

#### **Webster Groves Christian Church**

Wednesday, July 15, 2020: 10 a.m.-12 noon Wednesday, Aug, 19, 2020: 7-9 p.m.

#### St. Francis Xavier Catholic Church

Sunday August 2, 2020: after the 8:00 a.m. Mass Sunday, August 9, 2020: after the 10:30 a.m. Mass

#### **Annunziata School**

Tuesday, July 21, 2020 from 7–9 p.m. Tuesday, August 11, 2020 from7–9 p.m.

#### St. Matthew the Apostle Catholic Church

Date in July, 2020 to be scheduled

#### Find us at:

bridgesfoundation.org facebook.com/bridgesfoundationstl/ twitter.com/lgnatianSTL

Bridges Foundation, Inc. 331 N. New Ballas 410275 St. Louis, MO 63141-9998

## annual report

#### MISSION STATEMENT

Bridges Foundation offers opportunities to anyone seeking to deepen their relationship with God and God's people through ongoing formation grounded in the experience of the Spiritual Exercises of St. Ignatius of Loyola in Everyday Life. The Foundation members assist individuals in spiritual growth so they can transform themselves and their world.

#### **BOARD OF DIRECTORS**

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#### LETTER FROM THE PRESIDENT – DEC 2019

The Bridges Foundation continues its mission of offering the Spiritual Exercises of St. Ignatius of Loyola through the 19th Annotation, the Exercises in Everyday Life, to the people of St. Louis and the surrounding area. The program currently utilizes sites in Missouri, where site coordinators and prayer companions are leading 25 exercitants through the Exercises. In addition, there are 58 participants in the Magis Program, with eight small group facilitators. Magis, through the great work and dedication of the Magis Planning Committee, continues to provide participants with great speakers and small groups.

The Foundation's finances continue to be stable. Our Endowment Fund continues to grow as our income continues to exceed our expenses, due to generous donations from many sources. In addition, the Board is continuing to look at ways to reach a wider and more diverse audience in its promotion and offering of the Exercises.

We have four dynamic Committees supporting the mission of the Foundation: Development, Finance, Marketing and Program Creation and Maintenance. Each Committee continues to work toward the goals set in the five-year plan, as well as bringing innovative ideas forward for consideration. These committees are vital to the work of the Foundation and its mission.

On 4 October 2019, the St. Louis Bridges Community celebrated its 30th Anniversary. It was a time to honor those who brought us this far and to celebrate as community. Joan Felling and Fr. Joe Tetlow, S.J., were recognized for bringing the Exercises to St. Louis; Fr. Joe was also our honored keynote speaker for the evening. I want to thank all who have made Bridges so successful over the past 30 years, most especially all those who have given us a firm foundation on which to build. I also wish to thank the Development Committee for organizing such a wonderful evening: the decorations, refreshments, and scrumptious hors d'oeuvres were a delight. The attendees were happy to celebrate relationships old and new; the camaraderie displayed that evening was awesome.

Three Board members left the board this year as their terms expired: Rosemarie Parsons, Rick Lageson, and Rita DeRuntz. We thank them for their years of faithful service to the Foundation. New board members were commissioned in August: Kathy Gibler, Vicki Harpring, Joan Kletzker, Mary Jane Lane and Mike Welling. In addition, Fr. Mark McKenzie, S.J., has assumed the role of liaison from the Jesuit community. The Foundation continues to be blessed with talented Board members, who accept the leadership responsibilities.

<sup>\*\*</sup> Special Events include Ignatian Community Retreats and other events held for the benefit of the entire community. Because we are cash basis, special event income and expenses are sometimes reflected in a different fiscal year than when the event actually occurred.

The Board appreciates the continued support of the St. Louis Ignatian Community. Through your prayers, commitment and generosity, Bridges will continue providing the Ignatian Exercises to the people of the St. Louis region.

Dave Harpring

President of Bridges Board of Directors

# Bridges Ignatian Retreat in Daily Life

The 19th Annotation Retreat of the Spiritual Exercises of St. Ignatius Loyola, sponsored by the Bridges Foundation, Inc., is currently serving 25 retreatants at four operating sites. The retreatants and prayer companions meet for 34 one-hour sessions on a one-to-one basis between September and May. This retreat bridges one's spiritual life with everyday life and provides a structure and process aimed at assisting the retreatants in an ever-deepening relationship with God and increasing awareness in ridding oneself of inordinate attachments. God breaks through into the life of the retreatants in such a way that it brings greater spiritual freedom and an increased desire to serve God, especially through other people and all of creation. In addition to the individual sessions, weekly or monthly group meetings are held at each site for the purpose of providing a communal experience and to offer reflections and faith sharing on various movements of the Exercises. Three events are

offered during the year at a central location bringing together retreatants and prayer companions from all of the sites. They are: A Faith Sharing Retreat in October, Marketplace Spirituality Retreat that will be held in April and a Sending Celebration in mid-May.



### Magis – Greater Understanding, Love and Service

The Bridges Board and Magis Community are grateful for the service of the speakers and small group facilitators who make this program possible. Our Magis Program is for those who have completed the 18th, 19th or 20th Annotation Retreat and desire to continue growing and living the Ignatian Way, while receiving support in a community setting. Participants in our Magis Program meet for seven 3-hour gatherings, beginning in September and concluding in April.

Currently we have 58 participants and eight small group facilitators. Each gathering begins with two presentations on various movements of the Exercises. This year's speakers are: First Week-Danielle Harrison, Second Week-Steve Givens and Dave Harpring, Election—Anthony Wieck, S.J., Discernment of Spirits—Chris Collins, S.J., Third Week—Michael Dooley, S.J. and Fourth Week—Carla Mae Streeter, OP.

After the presentation, each person participates in one of five small groups,

**Dynamics of the Exercises** led by Hsin-Hsin Huang, Ph.D. assisted by Linda Leib. This group integrates psychology, spirituality and theology with the Exercises. It also begins the discernment process for those leaning toward becoming prayer companions.

**Prayer Companion Training Program** led by Marian Love, MAPS, Rosemarie Parsons and Katherine Rucinsky. This program provides preparation for companioning others through the Bridges Retreat.

**Being Christ Today in the Form of Compassion** led by Miriam Wesselmann, SSND. Using *Boundless Compassion* by Joyce Rupp, the participants experience the need for compassion toward themselves as a basis to offer compassion to others. While exploring the Four Weeks of the Spiritual Exercises of St. Ignatius to accompany the journey, the participants rediscover their personal authority and mission.

**Inner Compass: finding our creativity in the Spiritual Exercises** facilitated by Steve Givens. Using Margaret Self's book *Inner Compass* as a guide, the participants journal the chapter exercises and explore and share the intersection of creativity and Ignatian spirituality.

Interfacing the Spiritual Exercises and 12 Step Spirituality facilitated by Rick Lageson, J.D. By exploring certain similarities of the Spiritual Exercises and the 12 Step Approach, participants increase their self-knowledge and get in touch with attitudes, actions and habits that deter or block their relationship with God—thus they are empowered to make healthier life choices.

## accomplishments of the standing committees

#### MARKETING COMMITTEE

- Made frequent contact with the Bridges community regarding appropriate information, program reminders, registration deadlines, and updates via Facebook, Twitter, St. Louis Review, and the eNewsletter.
- Created first Bridges promotional video with the assistance of a SLU communications student, established a YouTube channel and added several additional videos, including a video from the 30th anniversary celebration.
- Reviewed the means by which the 2018-2019 Bridges Retreat participants learned about the Program's Information Sessions' dates and locations to inform planning for future advertising about the Information Sessions.
- Regularly updated website with news updates and member profiles.
- Assisted with promotion and execution of the 30th anniversary celebration.

• Began cross-marketing efforts with Clarence Heller's Moments of Grace + Prayer retreats (formerly Months/Weeks of Guided Prayer).

## PROGRAM CREATION AND MAINTENANCE COMMITTEE

- Offered and coordinated summer Information Sessions in preparation for the 2019-2020 Bridges Retreat in Daily Life.
- Offered and assessed the Bridges Retreat in Daily Life, including Faith Sharing Day, Marketplace Spirituality Retreat and Sending Celebration Prayer Service and Dinner.
- The current Bridges Retreat is being offered at: St. Francis Xavier College Church, Site Coordinator Tom Simon; Parish of Annunziata, Site Coordinator Laurie Hannigan; Webster Groves Christian Church, Site Coordinator Carol Brescia; and St. Matthew the Apostle Parish, Site Coordinator Pam Mason.

- Seven experienced Prayer Companions are mentoring seven new Prayer Companions.
- Planned, offered and assessed the Magis –
  Greater Understanding, Love, and Service
  Program, providing ongoing formation
  of Prayer Companions and enrichment
  for others who have received the Ignatian
  Retreat.
- Two new groups were included this year: Being Christ Today in the Form of Compassion and Inner Compass: Finding Our Creativity in the Spiritual Exercises.
- Prayer Companion Training facilitated by Marian Love has six participants
- New Magis Leadership: Vicki Harpring is the facilitator of Magis; Theresa and Steve Tadrick are Hospitality Ministers, assisted by Mary Fehner; John Pettinger is videographer. Many thanks to all who have served in the past!
- Assisted in the editing of the new Bridges Retreat Brochure.

 Collaborated with the other Bridges Board Committees for the 30th Annual Celebration held on October 4, 2019.

#### **DEVELOPMENT COMMITTEE**

- Launched an online appeal honoring the feast day of St. Ignatius in July.
- Hosted the 30th Anniversary Celebration for the Bridges Foundation in St. Louis in October. The event committee included: Donna Corno, Steve Givens, Julie Harig, Vicki Harpring, Joan Kletzker, Linda Leib and Tom Simon.
- Distributed the annual appeal letter to key constituents in early December.

#### FINANCE COMMITTEE

- For last fiscal year, subsidized 37% of Bridges Retreatants in varying amounts, and for Magis, subsidized all of the Prayer Companion attendees as well as 22% of the non-Prayer Companion attendees in varying amounts. Subsidies are made possible by the general donation fund as well as by the donated services of some Prayer Companions and Magis speakers and facilitators. Income for both Bridges and Magis includes pledges made by retreatants and attendees in any amount they can afford, as well as donated services.
- Received a \$2,000 grant from the Angela Merici Fund, thanks to efforts of Sr. Thomas More Daly, OSU, and a \$2,000 grant from the School Sisters of Notre Dame,

- thanks to the efforts of Sr. Miriam Wesselmann, SSND.
- Filed Form 990 with the IRS for fiscal year 2018-2019 and issued a 2018 Form 1099 to any person who provided services to the Bridges Foundation and was paid in excess of \$600 during this calendar year.
- Able to receive qualified donations of appreciated equities from any person who wishes to make such a gift.
- Able to receive cash or security donations from a qualified retirement account as directed by the owner of the account if the donation is made pursuant to Section 408(d)(8) of the Internal Revenue Code and the owner is over age 70-1/2.

