

Name _____
Address _____
City _____
State _____ Zip _____
Phone # _____
Email _____

\$35 with registration is nonrefundable. This is 10% of the total cost of the program and will be put toward your "Promise to Pay" amount.

Cost: Contribute whatever amount you can afford. The cost to the Bridges Foundation per participant is approximately \$350.00. A payment schedule can be arranged. One person's contribution helps another, and no one is turned away for financial reasons.

The amount I promise to pay for the
2022-2023 Magis Program is
\$ _____**

**this is needed for budgeting purposes.

Registration begins on May 1, 2022
Registration Deadline: September 1, 2022

Check One for Small Group Participation

Groups 1 – 5: Open to all

- ___ 1. Ignatian Discernment
- ___ 2. The Beatitudes and the Ignatian Spiritual Exercises – a focus on the Second Week of the Spiritual Exercises, a life-long journey
- ___ 3. Interfacing the Spiritual Exercises with 12 Step Spirituality
- ___ 4. Racial Healing and the Spiritual Exercises
- ___ 5. Dynamics of the Spiritual Exercises

Groups 6 & 7: Prayer Companions Only

- ___ 6. Peer Supervision/Consultation
- ___ 7. Prayer Companion Training

Morning Schedule:

8:45 a.m. - Gathering
9:05 a.m. - Opening Prayer
9:10 a.m. - Presentation I
9:35 a.m. - Standing Break
9:45 a.m. - Presentation II
10:10 a.m. - Announcements
10:15 a.m. - Break
10:30 a.m. - Small Group Participation
12:00 p.m. - Meeting Adjourned

Dates and Topics

Saturday, September 17, 2022

Speaker: Fr. Hung T. Pham, S.J.

- *The Spiritual Exercises and the Signs of the Times*
- *Principle and Foundation*

Saturday, October 15, 2022

Speaker: Fr. Mike Harter, S.J.

- *Root Sin and Root Grace*
- *Effects of Sin in the World and My Responses*

Saturday, November 19, 2022

Speaker: Fr. Mike Rozier, S.J.

- *Contemplating the Nativity*
- *Incarnational Living*

Saturday, January 21, 2023

Speaker: Ms. Virginia Herbers

- *Consolation and Desolation*
- *Election and Two Standards*

Saturday, February 18, 2023

Speaker: Ms. Pam Mason

- *Discernment of Spirits: First Week*
- *Discernment of Spirits: Second Week*

Saturday, March 18, 2023

Speaker: Ms. Danielle Harrison

- *Psychology of the Cross*
- *Graces of Lent*

Saturday, April 15, 2023

Speaker: Mr. Jeff Schulenberg

- *Learning to Love Like God Loves*
- *Suscipe*

Descriptions of Small Groups:

** All small groups have a minimum of 5 and maximum of 15 (unless stated otherwise)*

1. Ignatian Discernment Learning to discern is an important part of the spiritual life. Prayerful discernment can lead to discovery of what God desires for each of us. This group will examine the discernment process as developed by St Ignatius of Loyola in the Spiritual Exercises. Participants will share their insights from reading the book as well as portions of Mark Thibodeaux's sequel, *Ignatian Discernment of Spirits*. ***Open to all. **Required Text: *God's Voice Within* by Mark E. Thibodeaux, S.J.** Optional purchase, *Ignatian Discernment of Spirits* by Mark E. Thibodeaux S.J. ***Facilitated by Tom and Dale Auffenberg

2. The Beatitudes and the Ignatian Spiritual Exercises—a focus on the Second Week of the Spiritual Exercises, a life-long journey

The Second Week of the Exercises of St. Ignatius was configured with the purpose of focusing our prayer on the grace to know, love, and follow Jesus. Living the mysteries of the Beatitudes is foundational in this movement. The Beatitudes are a limitless resource of personal admonition and insight, leading to spiritual consolation, and pointing to the most concrete modes of being and living as a follower of Christ. Participant experiences will include lessons in the background of the genre, various translations and derivative listings, and personal application. Participants will deepen their understanding of how the exercises of the Second Week, particularly the Three Ignatian Exercises, form us in ways necessary for discerning and living the values of Christ. ***Open to all. **Required Text: *Kingdom of Happiness* by Jeffrey Kirby, S.T.L** ***Facilitated by Linda Leib and Dave Harpring

3. Interfacing the Spiritual Exercises with 12 Step Spirituality

By exploring certain similarities of the Spiritual Exercises and the 12 Step Approach participants will increase their self-knowledge and get in touch with attitudes, actions, and habits that deter or block their relationships with God. With this awareness they will be empowered to make more healthy choices. It will

also help prayer companions understand experiences and orientations of retreatants who have been through 12 Step Programs and 12 Step Spirituality.

***Open to all. **Required book: A 12-Step Approach to the Spiritual Exercises of St. Ignatius by Jim Harbaugh, S.J.**

*****Facilitated by Rick Lageson, J.D.**

4. Racial Healing and the Spiritual Exercises

This study is an invitation to open participants to the lifelong work of racial healing in the context of the Spiritual Exercises. Come with an open heart and a willingness to pray for greater awareness, as well as imagine solutions that impact ourselves, individuals in our community, and the Church. We will be using excerpts from the book “The Spiritual Work of Racial Justice: A Month of Meditations with Ignatius of Loyola” by Patrick Saint-Jean, S.J. Material from the Ignatian Solidarity Network and guest speakers may be used. Time will be spent on reflection, journaling, prayer, and discussion. ***Open to all. **Required text: The Spiritual Work of Racial Justice: A Month of Meditations by Patrick Saint-Jean, S.J.**

*****Facilitated by Kate Stroble**

5. Dynamics of the Spiritual Exercises

The main focus of this group is an in-depth study of the psychological/spiritual dynamics and graces of the Exercises. Participants will review their own experience of the Exercises and gain increased self-awareness and understanding of how the movements in each Week of the Exercises take place in their personal spiritual journey, leading to a deeper relationship with God. **Participation in this group is required for all those who wish to enter the Prayer Companion Training Program. These people are accepted before others.** ***Open to all. **Required text: Draw Me into Your Friendship by David Fleming, S.J.**

***** Facilitated by Hsin-hsin Huang, PhD**

6. Peer Supervision/Consultation

The purpose of this group is to assist prayer companions in their spiritual growth and enhance their skills as prayer companions. It focuses on the interior movements/counter movements of a prayer companion when interacting with a retreatant. Its main

focus is on God’s presence for the retreatant and the prayer companion and the interior reactions to God’s presence, consolation, resistance, struggle, desires, repression, and denial. Consultation on questions of interest will also be addressed. **Requirement of second year Prayer Companions. *Open to Prayer Companions Only. Maximum 8 participants. **Required Text: The Discerning Heart: Exploring the Christian Path by Wilkie Au and Noreen Cannon Au (Paulist Press, 2006).** ***** Facilitated by Hsin-hsin Huang, PhD** ****** This group will be offered ONLINE at a different time/day agreed upon by the group**

7. Prayer Companion Training

Entry into group requires admission into the Prayer Companion Training Program and is preparation for leading others through the Spiritual Exercises. Specific requirements: a thorough knowledge and love of the Spiritual Exercises, full participation in the Magis program, evidence of a discerned call, obvious intention for helping individuals grow in their relationship with God using the Spiritual Exercises, and willingness to be a listener and to practice growing in these gifts with others in this group. *** Open to approved participants only. Minimum of 4, maximum of 8 participants.**

**** Co-Facilitated by Marian Love and TBD.**

You may register on-line at <https://bridgesfoundation.org/magis-registration/> or detach the contact information form and mail with the \$35 registration fee to:

**Bridges Foundation
331 N. New Ballas Road #410275
St Louis, MO 63141-9998**

Location:

**Webster Groves Christian Church
1320 W. Lockwood
St. Louis, MO 63122**

If you have any questions, please contact:
Magis Program Coordinator: Vicki Harpring at
314-609-9304, or vharpring@yahoo.com

2022 -2023

*Magis – Greater Understanding, Love,
and Service*

*The objectives of the program are
four-fold:*

- 1. Deepening the prayerful experiences of participants in the Ignatian Way.**
- 2. Facilitating a sense of connection and community through a monthly gathering and small group sharing.**
- 3. Enhancing the learning and understanding of the spiritual and psychological movements of the Spiritual Exercises.**
- 4. Discerning, learning, and practicing to be prayer companions (for those called to be companions).**

Program Requirements:

Completion of the Spiritual Exercises,

including

the 18th, 19th, or 20th Annotation



www.bridgesfoundation.org