Name		
City		
State	_ Zip	
Phone #		
Email		

\$35 with registration is nonrefundable. This is

10% of the total cost of the program and will be put toward your "Promise to Pay" amount.

<u>Cost</u>: Contribute whatever amount you can afford. The cost to the Bridges Foundation per participant is approximately \$350.00. A payment schedule can be arranged. One person's contribution helps another, and no one is turned away for financial reasons.

The amount I promise to pay for the

2023-2024 Magis Program is

\$____**

**this is needed for budgeting purposes. Registration begins on May 1, 2023 Registration Deadline: September 1, 2023

<u>Check One for Small Group Participation</u> Groups 1 – 5: Open to all

- ____1. Scripture, Imagination, and the Creative Process
- ____2. Extracting Wisdom from the Parables of Jesus
- ____3. Interfacing the Spiritual Exercises with 12 Step Spirituality
- 4. Racial Healing and the Spiritual Exercises

____5. Dynamics of the Spiritual Exercises

Groups 6 & 7: Prayer Companions Only

- ____6. Prayer Companion Support and Resource Sharing Group
- ____7. Peer Supervision/Consultation

Morning Schedule: 8:45 a.m. - Gathering 9:00 a.m. - Opening Prayer 9:10 a.m. - Presentation I 9:35 a.m. - Standing Break 9:40 a.m. - Presentation II 10:05 a.m. - Announcements 10:15 a.m. - Break 10:30 a.m. - Small Group Participation 12:00 p.m. - Meeting Adjourned

Dates and Topics

Saturday, September 16, 2023 Speaker: Ms. Virginia Herbers

- Ignatius' Life and the Exercises
- Images of God
- Saturday, October 21, 2023
 - Speaker: Ms. Danielle Harrison
 - Root Sin and Root Grace
 - Social and Systemic Sin

Saturday, November 18, 2023 Speaker: Jeffrey Harrison, S.J.

- Ememory
- Examen
- Incarnation Contemplating Jesus' Life Saturday, January 20, 2024 Speaker: Mark McKenzie, S.J.
 - Active Indifference

• Three Classes of People Saturday, February 17, 2024 Speaker: Philip Steele, S.J.

- Recognizing Movements of the Spirits
- Three Ways of Making a Graced Decision
- Saturday, March 16, 2024
 - Speaker: Hsin-hsin Huang, PhD
 - Contemplating the Eucharist: The Body of Christ
 Speaker: Mr. Styre Cinese
 - Speaker: Mr. Steve Givens

• Contemplating the Passion Saturday, April 20, 2024

Speaker: Carla Mae Streeter, OP

- Graces of the Spiritual Exercises
- Contemplatives in Action

Descriptions of Small Groups:

* All small groups have a minimum of 5 and maximum of 12 (unless stated otherwise). First come first serve.

1. <u>Scripture, Imagination, & the Creative Process</u> This group will focus on personal exploration of Gospel stories throughout the four weeks of the Spiritual Exercises from the practice of Ignatian imaginative prayer. Participants will be expected to create and share written reflections or other forms of art drawn from their experiences of imaginative prayer and journaling. Each session will also include imaginative prayer experiences and times for journaling. **Open to all.* **Required text: *Imagine You Walked with Jesus* by Jerry Windley-Daoust plus additional assigned online readings. *** Facilitated by Steve Givens

2. Extracting Wisdom from the Parables of Jesus

In the Spiritual Exercises there was an emphasis placed on using our imagination and inserting ourselves into key moments in the Gospels. In this small group we will insert ourselves into the parables of Jesus to pull out what we think the meaning of each parable is for us in today's world. We will look and discuss our perspectives on the meaning of the birth of Jesus, Jesus at 12 years old in the temple, and a few dozen parables. This small group would essentially focus on Week 2 of the Spiritual Exercises in a very discussion-oriented approach. **Open to all.* ****Required text:** *Being There: The Parables of Jesus in a Different Voice* by Fr. William O'Malley, S.J. *** Facilitated by Dan Coughlin (David Harpring as Assisting Consultant)

3. <u>Interfacing the Spiritual Exercises</u> with 12 Step Spirituality

By exploring certain similarities of the Spiritual Exercises and the 12 Step Approach participants will increase their self-knowledge and get in touch with attitudes, actions, and habits that deter or block their relationships with God. With this awareness they will be empowered to make more healthy choices. It will also help prayer companions understand experiences and orientations of retreatants who have been through 12 Step Programs and 12 Step Spirituality. *Open to all. **Required text: <u>A 12-</u> <u>Step Approach to the Spiritual Exercises of St.</u> <u>Ignatius</u> by Jim Harbaugh, S.J. ***Facilitated by Rick Lageson, J.D.

4. Racial Healing and the Spiritual Exercises

This study is an invitation to open participants to the lifelong work of racial healing in the context of the Spiritual Exercises. Come with an open heart and a willingness to pray for greater awareness, as well as imagine solutions that impact ourselves, individuals in our community, and the Church. Time will be spent on reflection, journaling, prayer, and discussion. **Open to all.* ****Required text: The Spiritual Work of Racial Justice: A Month of Meditations by Patrick Saint-Jean, S.J.** Other material from the Ignatian Solidarity Network and others will be included. ****Facilitated by Kate Stroble*

5. Dynamics of the Spiritual Exercises

The main focus of this group is an in-depth study of the psychological/spiritual dynamics and graces of the Exercises. Participants will review their own experience of the Exercises and gain increased selfawareness and understanding of how the movements in each Week of the Exercises take place in their personal spiritual journey, leading to a deeper relationship with God. <u>Participation in this group</u> is required for all those who wish to enter the <u>Prayer Companion Training Program. These</u> <u>people are accepted before others. *Open to all.</u> **Required text: <u>Draw Me into Your Friendship</u> by David Fleming, S.J. *** Facilitated by Hsin-bsin Huang, PhD

6. Prayer Companion Support and Resource

Sharing Group The purpose of this group is for prayer companions to gather and provide mutual support. There will be further exploration of themes emerged from the two morning presentations. Participants may also ask questions, discuss insights and/or challenges encountered as a prayer companion, share resources and experiences in

companioning retreatants, and receive the benefits of valuable wisdom of fellow prayer companions. Each session will be focused on the Week and topics of the Spiritual Exercises. While the facilitators will offer information on various resources, each participant is invited to bring his or her own experiences and resources to share with the group. ***Open to Prayer Companions Only. **No Required Text (there will be handouts) ***** *Co-facilitators: Joan Kletzker and Laurie Hannigan*

7. Peer Supervision/Consultation

The purpose of this group is to assist praver companions in their spiritual growth and enhance their skills in accompaniment. It focuses on the interior movements/counter movements of a praver companion when interacting with a retreatant. It attends to God's presence for the retreatant and the PC and the interior reactions to God's presence, consolation, resistance, struggle, desires, repression, and denial. Consultation on questions of interest will also be addressed. Requirement of second year Prayer Companions. *Open to Prayer Companions Only. Maximum 8 participants. **Required text: The Discerning Heart: Exploring the Christian Path by Wilkie Au and Noreen Cannon Au (Paulist Press, 2006). *** Facilitated by Sister Thomas More Daly, OSU

You may register on-line at <u>https://bridgesfoundation.org/magis-</u> <u>registration/</u> or detach the contact information form and mail with the \$35 registration fee to:

Bridges Foundation 331 N. New Ballas Road #410275 St Louis, MO 63141-9998

Program Location: Webster Groves Christian Church 1320 W. Lockwood St. Louis, MO 63122

If you have any questions, please contact: Magis Program Coordinator: Vicki Harpring at 314-609-9304, or <u>vharpring@vahoo.com</u>

2023 -2024 – Magis Greater Understanding, Love, and Service

The objectives of the program are four-fold:

- 1. Deepening the prayerful experiences of participants in the Ignatian Way.
- 2. Facilitating a sense of connection and community through a monthly gathering and small group sharing.
- 3. Enhancing the learning and understanding of the spiritual and psychological movements of the Spiritual Exercises.
- 4. Discerning, learning, and practicing to be prayer companions (for those called to be companions).

<u>Program Requirements:</u> <u>Completion of the Spiritual Exercises,</u> <u>including</u> <u>the 18th, 19th, or 20th Annotation</u>

