

# MAGIS 2025-2026

## Greater Understanding, Love, and Service

### The objectives of the program:

1. Deepening the prayerful experiences of participants in the Ignatian Way.
2. Facilitating a sense of connection and community through a monthly gathering and small group sharing.
3. Enhancing the learning and understanding of the spiritual and psychological movements of the Spiritual Exercises.
4. Discerning, learning, and practicing to be prayer companions (for those called to be companions).

### Program Requirements:

Completion of the Spiritual Exercises, including the 18th, 19th, or 20th Annotation



### Magis Speaker Forum

This is an open, facilitated discussion group focused on unpacking, asking questions and sharing insights from the presentations given during the large group session. The day's featured presenters will be invited to join in the conversation.

*Facilitated **in person** by Jill Carnaghi*

*Facilitated **online** 3rd Wednesdays 7-8:30 p.m. CST by Hsin-hsin Huang, PhD (Speakers will not be present.)*

### The Call to Discernment

We will go through the book with attention to discernment. Please bring in a story each month of how the particular topic in the Spiritual Exercises has worked in your lives. Required text: "The Call to Discernment in Troubled Times: New Perspectives on the Transformative Wisdom of Ignatius of Loyola" by Dean Brackley, SJ.

*Facilitated **online** 3rd Thursdays 7-8:00 p.m. CST by Sharon Tan, PhD*

**Note: You may do online and in person small groups with no additional cost.**

**You may register online at**  
<https://bridgesfoundation.org/magis-registration/> or detach the contact information form and mail with the \$35 registration fee to:



Bridges  
Foundation  
331 N. New Ballas Road #410275  
St Louis, MO 63141-9998

### Program Location:

De Smet Jesuit High School  
233 N New Ballas Road  
St. Louis, MO 63141

If you have any questions, please contact:  
Magis Program Coordinator:  
Vicki Harpring at 314-609-9304,  
or [vharpring@yahoo.com](mailto:vharpring@yahoo.com)

### Women as Integral Formators of St. Ignatius

Women played a pivotal role in the life and spirituality of St. Ignatius. The text opens the riches of the Spiritual Exercises to women – and to men who love and care about women. At each gathering, the group will discuss, reflect, and share insights gained from one of the book's 7 chapters. Required text: "Why Do You Trouble This Woman? Women and the Spiritual Exercises of St. Ignatius of Loyola" by Anne Arombe, SSS.

*Facilitated by Mary White*

### Dynamics of the Spiritual Exercises

The main focus of this group is an in-depth study of the psychological/spiritual dynamics and graces of the Exercises. Participants will review their own experience of the Exercises and gain increased self-awareness and understanding of how the movements in each Week of the Exercises take place in their personal spiritual journey, leading to a deeper relationship with God. **Requirement for all who wish to enter the Prayer Companion Training Program.** Potential Prayer Companions are accepted before others, but this group is open to all. Required text: "Draw Me into Your Friendship" by David Fleming, SJ

*Facilitated by David Harpring, Linda Leib, and David Dickey*

### Peer Supervision/Consultation & Resources for Prayer Companions

The purpose of this informational and experiential group is to assist prayer companions in their spiritual growth and enhance their skills in accompaniment. It focuses on a prayer companion's interior movements/counter movements when interacting with a retreatant. It attends to the retreatant's and prayer companion's interior reactions to God's presence, such as desires, consolation, resistance, and denial. Consultation issues will also be addressed and prayer companions will share resources and insights. **Requirement of second year Prayer Companions. Open to all Prayer Companions.** Maximum 8 participants. *Co-facilitated by Marian Love and Carol Brescia*

Name .....

Address .....

City .....

State/Zip .....

Phone .....

Email .....

\$35 with registration is nonrefundable. This is 10% of the total cost of the program and will be put toward your "Promise to Pay" amount.

**Cost:** Contribute whatever amount you can afford. The cost to the Bridges Foundation per participant is approximately \$350.00. A payment schedule can be arranged. One person's contribution helps another, and no one is turned away for financial reasons.

The amount I promise to pay for the 2025-2026 Magis Program is \$ .....  
*(Needed for budgeting purposes)*

**Registration begins on May 1, 2025**  
**Registration Deadline: September 1, 2025**

**Circle One for Small Group Participation**

- 1 Cannonball Moments and the Creative Process
- 2 Spiritual Threads: Weaving Ideas from Psalms, Proverbs, Jesus, and Ignatius
- 3 Exploring Connections: The Spiritual Exercises and the 12-Step Approach
- 4 Women as Integral Formators of St. Ignatius
- 5 Dynamics of the Spiritual Exercises
- 6 (In-person) Magis Speaker Forum
- 7 (Online) Magis Speaker Forum
- 8 (Online) The Call to Discernment
- 9 Peer Supervision/Consultation & Resources for Prayer Companions

**Morning Schedule:**

- 8:45 a.m. • Gathering
- 9:00 a.m. • Opening Prayer
- 9:10 a.m. • Presentation I
- 9:35 a.m. • Standing Break
- 9:40 a.m. • Presentation II
- 10:05 a.m. • Announcements
- 10:15 a.m. • Break
- 10:30 a.m. • Small Group Participation
- 12:00 p.m. • Meeting Adjourned

**Dates and Topics:**

**Saturday, September 20, 2025**

- Speaker: Danielle Harrison
- Ignatius' Life and the Exercises
  - Images of God

**Saturday, October 18, 2025**

- Speaker: Paul Coutinho
- Root Sin and Root Grace
  - Social and Systemic Sin

**Saturday, November 15, 2025**

- Speaker: Fr. Paul Hoelsing
- The Examen
  - Incarnation - Contemplating Jesus' Life

**Saturday, January 17, 2026**

- Speaker: Virginia Herbers
- Riches, Honor, and Pride
  - Three Phases of Humility

**Saturday, February 21, 2026**

- Speaker: Jeff Harrison, SJ
- Discernment of Spirits Week 1
  - Discernment of Spirits Week 2

**Saturday, March 21, 2026**

- Speaker: Hsin-hsin Huang, PhD
- The Passion of Jesus
  - The Graces of Lent

**Saturday, April 18, 2026**

- Speaker: Jessica Kerber, aci
- Living the Paschal Mystery
  - Contemplating Divine Love

**Small Groups**

**All small groups have a minimum of 5 and maximum of 12**

**Cannonball Moments and the Creative Process**

This group will focus on personal, creative exploration of participants' own stories of faith through the lens of the life of St. Ignatius Loyola and the Spiritual Exercises. Participants will be expected to create and share written reflections or other forms of art drawn from their experiences of prayer and journaling. Each session will also include times for reflection and journaling. Required text "Cannonball Moments: Telling Your Story, Deepening Your Faith" by Eric Clayton. *Facilitated by Steve Givens.*

**Spiritual Threads: Weaving Ideas from Psalms, Proverbs, Jesus, and Ignatius**

Ignatius studied Jesus. Jesus studied Psalms and Proverbs. We will reflect on readings from these sources, and discuss how these spiritual threads connect to Ignatian Spirituality and can enrich our lives today. One month before each session you will receive a set of Biblical selections, an overview of key elements from Ignatian Spirituality, and optional reflection questions. This is a discussion-oriented group. Required text: "The Ignatian Adventure: Experiencing the Spiritual Exercises of Saint Ignatius in Daily Life" by Fr. Kevin O'Brien, SJ *Facilitator: Dan Coughlin*

**Exploring Connections: The Spiritual Exercises and the 12-Step Approach**

*Newly offered and relevant to our times*  
 Through this study participants will enhance their knowledge and get in touch with attitudes, actions, and habits that deter or block their relationships with God, self, other people, and institutions.. It will also help prayer companions understand experiences of retreatants and others who have been through 12-Step Programs and 12-Step Spirituality. Required text: "A 12-Step Approach to the Spiritual Exercises of St. Ignatius" by Jim Harbaugh, SJ  
*Co-facilitated by Rick and Laura Lageson*