

Women as Integral Formators of St. Ignatius

Women played a pivotal role in the life and spirituality of St. Ignatius. The required text opens the riches of the Spiritual Exercises to women – and to men who love and care about women. At each gathering, the group will discuss, reflect, and share insights gained from one of the book's 7 chapters. Required text: Why Do You Trouble This Woman? Women and the Spiritual Exercises of St. Ignatius of Loyola by Anne Arombe, SSS.

Co-facilitated by Mary White and Vicki Harpring

Prayer Companion Training

Entry into this group requires admission into the Prayer Companion Training Program and is preparation for leading others through the Spiritual Exercises. **Specific requirements:** a thorough knowledge and love of the Spiritual Exercises, full participation in the Magis program, evidence of a discerned call, obvious intention for helping individuals grow in their relationship with God using the Spiritual Exercises, and willingness to be a listener and to practice growing in these gifts with others in this group. Open to approved participants only. Minimum of 4, maximum of 8 participants. *Co-Facilitated by Marian Love and Steve Givens.*

Dynamics of the Spiritual Exercises

The main focus of this group is an in-depth study of the psychological/spiritual dynamics and graces of the Exercises. Participants will review their own experience of the Exercises and gain increased self-awareness and understanding of how the movements in each Week of the Exercises take place in their personal spiritual journey, leading to a deeper relationship with God. Participation in this group is required for all those who wish to enter the Prayer Companion Training Program. Potential Prayer Companions are accepted before others, but this group is open to all. Required text: Draw Me into Your Friendship by David Fleming, SJ
Facilitated in person by David Harpring, Linda Leib, and David Dickey
Facilitated online 2nd Wednesdays 7-8:30 p.m. CST from Oct - May by Hsin-hsin Huang, PhD

The Call to Discernment

We will go through the book, with attention to discernment. Please bring in a story each month of how the particular topic in the SE has worked in your lives.

Required text: The Call to Discernment in Troubled Times: New Perspectives on the Transformative Wisdom of Ignatius of Loyola by Dean Brackley, SJ.

Facilitated online 2nd Tuesdays 7-8:00 p.m. CST from Oct. to May by Sharon Tan, PhD

Prayer Companions Only

Peer Supervision/Consultation

The purpose of this group is to assist prayer companions in their spiritual growth and enhance their skills in accompaniment. It focuses on the interior movements/counter movements of a prayer companion when interacting with a retreatant. It attends to God's presence for the retreatant and the PC and the interior reactions to God's presence, consolation, resistance, struggle, desires, repression, and denial. Consultation on questions of interest will also be addressed. Requirement of second year Prayer Companions. Maximum 8 participants. Required text: The Discerning Heart: Exploring the Christian Path by Wilkie Au and Noreen Cannon Au (Paulist Press, 2006).

Facilitated by Sister Thomas More Daly, OSU

You may register on-line at

<https://bridgesfoundation.org/magis-registration/> or detach the contact information form and mail with the \$35 registration fee to:

Bridges Foundation
331 N. New Ballas Road #410275
St Louis, MO 63141-9998

Program Location:

De Smet Jesuit High School
233 N New Ballas Rd
St. Louis, MO 63141

If you have any questions, please contact:
Magis Program Coordinator:
Vicki Harpring at 314-609-9304, or
vharpring@yahoo.com

MAGIS 2024-2025

Greater Understanding, Love, and Service

The objectives of the program:

1. Deepening the prayerful experiences of participants in the Ignatian Way.
2. Facilitating a sense of connection and community through a monthly gathering and small group sharing.
3. Enhancing the learning and understanding of the spiritual and psychological movements of the Spiritual Exercises.
4. Discerning, learning, and practicing to be prayer companions (for those called to be companions).

Program Requirements:

Completion of the Spiritual Exercises, including the 18th, 19th, or 20th Annotation



Name

Address

City

State/Zip

Phone

Email

\$35 with registration is nonrefundable. This is 10% of the total cost of the program and will be put toward your "Promise to Pay" amount.

Cost: Contribute whatever amount you can afford. The cost to the Bridges Foundation per participant is approximately \$350.00. A payment schedule can be arranged. One person's contribution helps another, and no one is turned away for financial reasons.

The amount I promise to pay for the 2024-2025 Magis Program is \$
(Needed for budgeting purposes)

Registration begins on May 1, 2024
Registration Deadline: September 1, 2024

Circle One for Small Group Participation

- 1 Reimagining the Ignatian Examen
- 2 Extracting Wisdom from the Parables of Jesus
- 3 Magis Speaker Forum
- 4 Women as Integral Formators of St. Ignatius
- 5 Prayer Companion Training
- 6 (In-person) Dynamics of the Spiritual Exercises
- 7 (Online) Dynamics of the Spiritual Exercises
- 8 (Online) The Call to Discernment
- 9 **Prayer Companions Only**
Peer Supervision/Consultation

Morning Schedule:

- 8:45 a.m. • Gathering
- 9:00 a.m. • Opening Prayer
- 9:10 a.m. • Presentation I
- 9:35 a.m. • Standing Break
- 9:40 a.m. • Presentation II
- 10:05 a.m. • Announcements
- 10:15 a.m. • Break
- 10:30 a.m. • Small Group Participation
- 12:00 p.m. • Meeting Adjourned

Dates and Topics:

Saturday, September 21, 2024

- Speaker: Fr. Paul Hoelsing
- The Purpose of the Spiritual Exercises: Annotations
 - Principle and Foundation

Saturday, October 19, 2024

- Speaker: Jeff Harrison, SJ
- Root Sin and Root Grace
- Speaker: Jeff Schulenberg
- Social and Systemic Sin

Saturday, November 16, 2024

- Speaker: Paul Coutinho
- Jesus' Invitation (Call of the King)
 - Consolation, Desolation, and the Examen

Saturday, January 18, 2025

- Speaker: Dan Daly, S.J.
- Following Jesus using Imaginative Prayer
 - Two Standards

Saturday, February 15, 2025

- Speaker: Pam Mason
- Discernment of Spirits Week 1
 - Discernment of Spirits Week 2

Saturday, March 15, 2025

- Speaker: Marian Love
- Eucharist: Jesus' Gift of Self
 - Living the Paschal Mystery

Saturday, April 26, 2025

- Speaker: Virginia Herbers
- Contemplating Divine Love
 - Ignatian Spirituality in the Market Place

Small Groups

All small groups have a minimum of 5 and maximum of 12

Reimagining the Ignatian Examen

How is your practice of the Examen? Is it a beloved part of your day? A struggle to include in your prayer routine? A tried and true practice? Needing a refresh? We will explore new ways to approach the Examen using a text, an online app, journaling, and sharing to bolster our practice of this time-honored prayer. Required text: Reimagining the Ignatian Examen by Mark E. Thibodeaux SJ
Facilitated by Martha Broyles and Laurie Hannigan

Extracting Wisdom from the Parables of Jesus

In the Spiritual Exercises there was an emphasis placed on using our imagination and inserting ourselves into key moments in the Gospels. In this small group we will insert ourselves into the parables of Jesus to pull out the meaning of each parable for us in today's world. This small group will focus on a few dozen parables using Week 2 of the Spiritual Exercises in a very discussion-oriented approach. Required text: Being There: The Parables of Jesus in a Different Voice by Fr. William O'Malley, SJ
Facilitated by Dan Coughlin

Magis Speaker Forum

This new offering will be an open, facilitated discussion group focused on unpacking, asking questions and sharing insights from the presentations given that morning during the large group session. The day's featured presenters will be invited to join in the conversation.
Facilitated by Jill Carnaghi and Rick Lageson